

England programs and services for Fall 2017/Winter 2018. Get your signature programs on the calendar first, and coordinate in-person with your peers to avoid frustrating conflicts.

We will share information, then organize it by geography, sport, calendar, and target population. We'll look for opportunities to collaborate and/or coordinate and maybe find a few "holes" that are just waiting to be filled. Finally, the group will consider the discussion and determine one or more common priorities for collaborative public relations and promotion.

Please bring all your summer program information to share, but let's focus on the upcoming fall/winter for this 90-minute session, and see if we can break through to new participants next year. We'll provide the structure, you bring the content.

### SMALL GROUP NETWORKING

3:15 - 4:30 PM

Join us for an ice cream social and small group networking time in the Presidential Ballroom! As requested by our members, there will be breakout tables starting with the following groups (feel free to suggest additional groups - Speak with Chenine or Shelby). You are welcome to get up and switch tables at any time!

- **Outdoor**
- **Municipal / Community-based**
- **Certified Therapeutic Recreation Specialists**
- **Arts & Culture**
- **Schools**
- **Rehab/Long-term care**

**Thank you for being part of this  
community of practice!**

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# SPRING CONFERENCE 2017

April 6th, Hilton Garden Inn  
Waltham, Massachusetts

 @AccessRecBoston #adaptivepros



Access Recreation Boston is a coalition of organizations and individuals dedicated to increasing and enhancing recreation opportunities for people with disabilities in the greater Boston area. We accomplish this through building community awareness, sharing professional expertise, and promoting collaboration. Thank you for joining us today!



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## CONCURRENT SESSIONS

**1:45- 3:15 PM (Select one of three options)**

**AUTISM AND ADULTHOOD: A PANEL DISCUSSION ON THE POST-TRANSITION YEARS** *.15 CEUs* (Jefferson)

**Facilitated by Beth Zwick, M.B.A. with Panelists Paula Aiesi, Anne Larkin, Emily Lauer, Andrew Novis, & Deborah Smith-Pressley.**

Over recent years, there has been a tremendous focus on helping young adults living on the autism spectrum through the transition from school services into adulthood. But what happens after? Housing, health care, family involvement, vocational supports, and access to the community in general can present significant challenges. Hear from our panel of professionals, self-advocates, and family members about what strategies exist, and join the discussion on how the recreation sector can play a part in increasing opportunities. This session is offered in partnership with the Nancy Lurie Marks Family Foundation.

**FROM DONOR TO INVESTOR: THE MORE THINGS CHANGE, THE MORE THEY STAY THE SAME** (Washington)

**Presented by Nick Savarese** *.15 CEUs*

The philanthropic landscape is changing in many ways. Traditional means of acquiring and communicating with donors are evolving. Donors are becoming more knowledgeable of philanthropy as a whole, and “hands-on” with causes they invest in. Large amounts of wealth are being transferred from one generation to the next, and financial tools donors use to invest with are changing. All that said, the basic principles of fundraising remain the same. Donors want to make an impact in causes they care about. The causes that can best identify, involve, and solicit investment from passionate individual donors will continue to be the causes that make the greatest impact.

We will walk through many of the changes and disruptions happening in fundraising and apply them to tried-and-true best practices. We’ll focus on finding donors with a high affinity and capacity, and helping turn them into investors in your cause. A special emphasis will be placed on the “ask”.

**PARALYMPIC SPORT CLUB COLLABORATIVE** (Adams)

**Facilitated by Joe Walsh** *CEUs not available for this session.*

If you conduct programs for individuals with visual impairments or mobility impairments anywhere in New England this session is for you! Whether you have a Paralympic Sport Club designation or not, come with your sleeves rolled up, because we will dig right in to create the “big board” of New

*(1:45-3:15 sessions cont. on next page)*

Whether indoors or outdoors, come and create a simple, yet profound, antidote to our often stressful, plugged-in, sedentary modern life styles – get some Vitamin N (Nature) and access ways to restore ourselves and others.

## LUNCH & COLLABORATION FORUM

**11:45 AM - 1:45 PM**

Our attendees have asked for more “facilitated networking,” and multiple opportunities to meet, well, everyone else attending! This extended lunch time includes a few different ways to get conversations started around different topics and with a variety of people. As a community of practice, we believe in the *philosophy of abundance*: that there is more than enough to go around (and our work and communities benefit) when we share ideas, resources, referrals, and more. We hope you will join in the conversations!

*For those earning CEUs, please remember to return your form to the registration desk at this time.*

- 11:45**      **Lunch opens** in the main hallway
- 11:45 - 1:45**    **Exhibitor Hall:** stop, talk, and brainstorm. Try out new equipment and explore partnerships!
- 12:40 - 1:35**    **Lightning Round:** Check out one or all of these 15-minute short sessions in the Adams Room (through the lounge area)
- 12:40 - 12:55**    **Working with Municipal Parks & Rec Departments**  
Want to increase partnerships with the city & town departments in your area? Some departments offer a variety of inclusive and adaptive programs, others want to know where to start -- and are looking for YOU! Find out about structures, contracts, and what to expect when starting a new program in a municipality.
- 1:00 - 1:15**    **Diversity and Equity Brainstorming**  
This brainstorming session will be the first of many conversations on addressing the challenges in diversity and equity in providing recreation services to people with disabilities. Future meeting dates will be set as well for those interested in continuing the conversation.



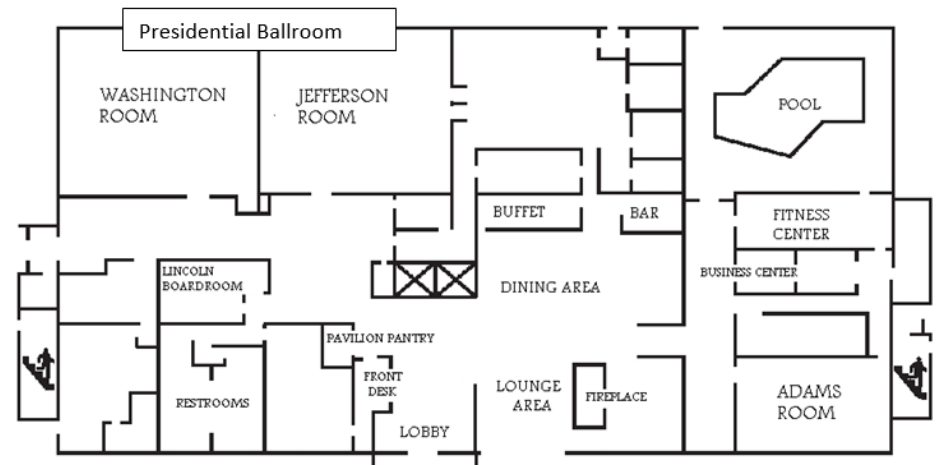
- 1:20 - 1:35**    **Political Advocacy for our Clients and Organizations**  
Come for a discussion on how we can advocate for our programs, clients, and organizations. What do we know, and what do we need to know?



## SCHEDULE AT A GLANCE

7:30 AM – 8:30 AM	Registration & Networking Breakfast, Exhibitor tables open Executive Director Roundtable
8:30 AM – 10:05 AM	General Session
10:05 AM – 10:15 AM	Break
10:15 AM – 11:45 AM	Concurrent Sessions
11:45 AM – 1:45 PM	Lunch, Lightning Round, Exhibitor Hall
1:45 PM – 3:15 PM	Concurrent Sessions
3:15 PM – 4:30 PM	Small Group Networking, Ice Cream Social, Closing

### Floor Plan



Wi-Fi

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## REGISTRATION / NETWORKING BREAKFAST

7:30 - 8:30 AM

### EXECUTIVE DIRECTOR ROUNDTABLE (Lincoln Boardroom)

*CEUs not available for this session.*

This pre-conference session gives Executive Directors a dedicated opportunity to gather with peers and discuss common challenges and opportunities around fundraising, employment and evaluation, risk management, budgeting, working with a board, or whatever topics of interest arise. An early-morning meeting means participants are available to network, attend sessions, and meet with vendors for the rest of the day! Grab your breakfast and come on in!

*This open-ended discussion is for executive directors or others in the lead management position in their organization. Only one person from each organization may attend this session.*

EXHIBITOR HALL OPENS (open 7:30 am - 1:45 pm, main foyer)

## KEYNOTE SESSION

8:30 - 10:05 AM

### OPENING REMARKS (Presidential Ballroom)

Chenine Peloquin, Project Director

### THE ABCs OF PROGRAM EVALUATION

Presented by Francine Jacobs, Ed. D. **.15 CEUs**

Increasingly the evaluation of human services is being demanded from many quarters – funders wanting to ensure that their funds are well-spent; clients wanting quality programming; and staff wanting to improve program operations. This session introduces participants to the rudiments of evaluation, including the purposes, types, and essential component of the enterprise. It proposes a developmental approach to designing evaluation – The Five-tiered Approach – that directs programs to asking appropriate evaluation questions, and evaluators to using appropriate designs and instruments to accomplish the task.



## CONCURRENT SESSIONS

10:15 - 11:45 AM (Select one of three options)

### WHEELCHAIR TRAVEL: YES, YOU CAN! THE INS AND OUTS OF WHEELCHAIR TRAVEL (Jefferson)

Presented by Kristy Lacroix, CATS **.15 CEUs**

Join certified accessible travel specialist Kristy Lacroix for a tour of worldwide travel possibilities for wheelchair users, and the real-life tips to make it all happen! Discover the multitude of places where wheelchair users can travel and what they can do and expect along the way, from Ireland, Scotland, and Africa, to Costa Rica, Equador and China. Learn flying tips including boarding and deplaning, bathroom use, and what to do with the chair during flight. Land tour options and cruise options will be covered. Mental health benefits for the individual and caregivers will be covered as well.

### SPORT FOR COMMUNITY: A COLLABORATIVE MODEL TO PROMOTE INCLUSIVITY AND SOCIAL CHANGE IN INTERNATIONAL COMMUNITIES (Washington)

Presented by Ksenia Ovsianikova & Vibhas Sen, Global Sport Mentoring Program Fellows **.15 CEUs**

This session will provide an in depth look at how a local, national and international collaboration model through the U.S. Department of State is impacting inclusivity and social change here at home and around the world. We will discuss the key elements of creating an Action Plan to implement change in your community to benefit your clients and patients as well as hearing two completed Action Plans for implementation in Russia and India.

### NATURE WELLNESS MANDALA: BRINGING A HANDS-ON PRACTICE TO BUILD HEALING CONNECTIONS TO NATURE, SELF, AND OTHERS INTO YOUR SETTING (Adams)

Presented by Maya Apfelbaum, M.A. **.15 CEUs**

Current information about the healing power of Mandalas (ancient circular forms for meditation) and of nature will be presented. Participants will gain an experiential sense of this by helping make a simple nature mandala, which, in turn, will serve as a container for the rest of our activity. Participants will choose a natural object to use as a focal point for empowering self-reflection and community-building processes as they add their object to the mandala in a special format that supports each participant to feel a valued part of the whole. We will then debrief this experience and discuss the use and adaptation of this modality across different settings and populations. (cont.)