

Find  
your  
strength.



# Adaptive Sports Medicine Clinic

PREVENTING AND TREATING SPORTS INJURIES  
IN ATHLETES WITH DISABILITIES

*The wind in your face.  
The thrill of competition.  
We'll keep you moving.*



SPAULDING™  
REHABILITATION NETWORK

**The Spaulding Adaptive Sports Medicine Clinic** brings together nationally recognized, multidisciplinary expertise to evaluate and provide treatment recommendations for sports-related injuries in recreational through elite athletes with disabilities. Your first visit will include a physician evaluation with **Dr. Cheri Blauwet**, a Paralympian and specialist in rehabilitation and sports medicine, followed by a physical therapy evaluation performed simultaneously with an adaptive sports equipment evaluation with Spaulding Adaptive Sports staff.

### OUR CLINIC INCLUDES:

- Expert physician evaluation
- Expert physical therapy evaluation
- Adaptive sports equipment check to ensure proper fit and technique
- Availability for regular follow-up

#### **Our Adaptive Sports Team**

**Cheri Blauwet, MD** practices sports medicine with a focus on athletes with disabilities, from recreational to elite. Herself a Paralympian, she is a leader in clinical care and research on injury prevention in this athlete population.

**Carrie Callahan, PT, ATP** is a physical therapist with a unique concentration in spinal cord injury, seating/positioning and adaptive sports. Her knowledge helps athletes to maximize biomechanics and efficiency.

**Zoe Norcross, BS** serves as the Network Coordinator for Spaulding Adaptive Sports Centers and is an expert in adaptive sports equipment, ensuring optimal fit to enhance performance.

**To schedule a visit or for more information,  
please call 617.952.6220**

**Spaulding Rehabilitation Network**  
300 First Avenue  
Charlestown, MA 02129



**SPAULDING**<sup>™</sup>  
ADAPTIVE SPORTS CENTERS



[www.spauldingrehab.org](http://www.spauldingrehab.org)