

SAIL TO PREVAIL

The National Disabled Sailing Program

NANTUCKET PROGRAM

Sailing for Children and Adults with Disabilities!

DUE TO THE GENEROSITY OF THE NANTUCKET BOAT BASIN AND CHARITABLE DONORS OF NANTUCKET, THERE IS NO CHARGE FOR THIS PROGRAM.



Mission Statement

Sail To Prevail creates opportunities for children and adults with disabilities to overcome life's adversities through our therapeutic sailing program.

Nantucket Program

Sail To Prevail first started serving individuals with disabilities on Nantucket in 2009. The Nantucket program currently offers an Independence 20' sailboat, dedicated to serving people with disabilities on the Island. First-time as well as experienced sailors are equally welcome. We are trained to accommodate all disabilities, including physical and intellectual disabilities, as well as sailing specifically for autistic individuals, and those going through physical or emotional therapy. Sail To Prevail was established in Newport, RI, in 1982, and has served more than 17,000 people over three decades.

Get in the Driver's Seat!

The Independence 20' was custom designed so that even the most disabled sailor can handle the boat. It contains two swiveling seats with safety harnesses for those who need a little extra support to sit up. Seats are designed to give participants access to steering the boat and trimming the sails. Families, friends and medical professionals are strongly encouraged to join, as our boats can accommodate up to five participants and one instructor. While learning how to sail is fun and enjoyable, most participants also experience increased self-confidence in all parts of their daily lives, the camaraderie of teamwork, and improved leadership skills.



"If I can do this, I can do anything!"

— CAMERON, AGE 8



Safety

All sailors are required to wear a Personal Flotation Device, which we provide. The Independence sailboat is designed to heel (tip) as little as possible. Safety is always our first concern. Instructors are trained specifically to handle individuals with disabilities and are U.S. Sailing Level 1 Certified.

Location

Our sailboat is located at the Nantucket Boat Basin on Swains Wharf, Slip 1411.

Registration

To register, please phone our office, **401-849-8898, Ext. 2**, and you will need to sign a "Registration/Waiver" form which can be found on our website or obtained from the Sailing Instructor the first time you sail: <http://www.sailtoprevail.org/forms.html>.

Cost & Support

There is no charge for our Nantucket Program. This is made possible by the generous support of our donors. Please visit www.sailtoprevail.org or call our office to make a donation. Sail To Prevail is a 501(c)(3) charitable organization.

We are grateful for the support from the following organizations:



Since 1982, Sail To Prevail has improved the lives of more than 17,000 people through therapeutic sailing programs that focus on self-confidence, teamwork and leadership. Most important, these skills can be transferred to overcoming adversity in other areas of daily life with a disability.

For more information, contact:

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401.849.8898 | www.sailtoprevail.org

"Sail To Prevail is the highlight of my summer!"

— SARAH ANN, AGE 11



91% of participants have more confidence in other activities of daily life.

99% have a more positive outlook on life.

90% feel the program increased teamwork skills.