



284 Lake Ave.

Worcester, MA 01604

508-799-0910



All Out Adventures
outdoor recreation for people of all abilities

Adaptive Skating—Games on Ice!

Thursdays:

10:00A.M.–11:50A.M.

January 25

&

March 15



Use your wheelchair, an ice sled, or conventional skates on the ice. Spin, slide, race, slalom, socialize and play gently competitive games with others! Ice sleds and conventional skates available. **Registration is required.**

Volunteers are welcome! For more info and to register to attend these free programs, call **413-545-5759** or email laila.soleimani@state.ma.us.

Rink will be cold so dress warm—wearing winter gloves, coats, hats, and scarves is highly encouraged!

Ice sleds available on site for ongoing community use—check with rink management.



Coming Event



DEPARTMENT OF CONSERVATION AND RECREATION, Universal Access Program

www.mass.gov/dcr/universal-access

