# NEHSA Student Lesson Sign Up Process

It's that time of year again to start thinking about student lessons.
Downhill lessons at Mount Sunapee Resort will be offered 7 days a week starting December 26th and will continue until conditions permit.
Cross Country lessons at Eastman Cross-Country (XC) Center in Grantham will be offered on Saturdays and will be snow dependent. Other days may be available upon special request.

Due to an overwhelming response over the last two seasons and for your convenience, effective November 1st NEHSA will be offering internet communications for lesson booking ease.

The process will be as follows:

E-mail Option

- Beginning on Sunday November 1st, send your choice dates to info@nehsa.org. Please note that any e-mails received prior to 12:00 AM on November 1st will not be honored
- Lessons will be booked on a first received first booked basis
- You may request up to 4 initial lessons* online and you will receive an e-mail response back from NEHSA confirming your lesson dates within 48 hours
- Please Note the following dates where lessons will not be available
  - January 11th – 15th Winter Sports Clinic for Disable Veterans
  - February 2rd – 3rd & 4th AM Cotting School
  - February 8th – Ski/Ride A Thon (note: anyone can participate, please let us know if you will require a guide)
  - March 1st – Women's Sports Clinic for Disable Veterans
  - March 5th – Corporate Challenge
  - March 10th Returning Veterans Appreciation Day

Please provide the following in your e-mail:

Participant Name _____
Phone Number _____
Age _____
Weight _____
Disability _____
Skier Type Standup ☐ Sitdown ☐ Board ☐ X-Country ☐
1st Date _____ AM ☐ PM ☐
2nd Date _____ AM ☐ PM ☐
3rd Date _____ AM ☐ PM ☐
4th Date _____ AM ☐ PM ☐
Alt Date _____ AM ☐ PM ☐
Alt Date _____ AM ☐ PM ☐

Phone Option

- Call the lodge at 603-763-9158 starting Monday November 2nd
- Phone reservations will be accepted Monday through Friday from 9am to Noon
- You may request up to 4 initial lessons*

Notes:

- *For every lesson used, an additional lesson can be booked
- Student forms are required every year and must be completed and submitted by all students
- To save time on your first visit, please download, fill out and mail all required paperwork to NEHSA
  - Student Forms http://nehsa.org/participate/students/student-forms/

As you may know from past seasons, our phone line is constantly busy from November 1st thru the end of December. Our system is limited to one call at a time. For this reason, e-mail is the preferred method for booking lessons.

Thank you for enjoying our program and we look forward to seeing you on the slopes.

New England Healing Sports Association – PO Box 2135 – Newbury, NH 03255-2135
info@nehsa.org 603-763-9158 Fax 603-763-4400